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page 12



Wescott's Auto
Restyling huge
inventory of parts
page 2

Vol. 1



No. 3

FREE



September 2012

The Sunrise Times

Locally owned, serving neighborhoods throughout Damascus, Boring, Carver, Sunnyside, Happy Valley, Barton and Clackamas

State Of The Art Rescue Boat Put In Service

by Brandon Paxton

In July, Clackamas Fire District #1 placed into service its new rescue boat at an event held at Clackamette Park. This new addition to the Swift Water Rescue fleet will enhance the

life saving capabilities the team already has by providing one more tool in the arsenal. The new 22 foot Rigid Hull Inflatable (R.I.B) is capable of traveling in six inches of water while on plane with speeds approaching 60 MPH. With

increased deck space, Boat 8 will safely carry 6-8 victims plus a four person crew in a number of different rescue scenarios. The new rescue boat is further outfitted with a lighting package designed to increase safety and efficiency during night

operations. "This boat will help us to improve the quality of service we provide and enhance our life saving abilities in the dynamic field of swift water rescue," says Captain Don Davis of Clackamas Fire.

continued on page 5



I Worry Too Much About My Tomatoes

by Marcia Sinclair

It's that glorious time of year, when the first autumn breezes rustle colorful leaves and blow the heat of summer away. In these early weeks of September, the sun still warms our skin, but the rays arrive from a lower point in the sky, drenching us in clear golden light. Across Sunshine Valley, the palette gently changes from primary colors to richer, tawnier hues. And the air smells less like

summer dust and more like damp earth.

This time of year, Thompson's, Olsen's and Schedeen's farm stands open with tables and counters overflowing with colorful vegetables from the mornings' fresh harvest. And each weekend, local farmers markets are cornucopias of fruits, vegetables, nuts, honey and berries. We are fortunate to live in a community where fresh food is locally grown and abundant.

On my little farm, the last of the plums have turned soft and golden. Every apple and pear tree is heavy with fragrant fruit. The raspberries dangle their second crop of ruby-red morsels. In the garden, each corn stalk sports two plump ears. I peel back silk and husks to find rows of glowing yellow kernels that beg to be eaten while in sweet perfection. Pumpkin and squash vines that overwhelmed the garden

continued on page 6

It's Damascus, So It Must Be Another Critical Election

by Dean Apostol

November is around the corner, ballots will be in our mailboxes before you know it, and potentially rural landscape altering decisions will have to be made by Damascus voters. With the filing deadline behind us, here is the local scorecard.

As Damascus residents who pay any attention to city hall know, local governance has been deadlocked since Steve Spinnett was elected Mayor in 2010. Mr. Spinnett is closely allied with the political action committee Ask Damascus, led by Dan Phegley. The other 6 City Councilors have opposed Mr. Spinnett on most issues. The Mayor has countered by using his bully pulpit and supporting ballot measures by Ask Damascus.

Eight years after incorporation Damascus, alone among all cities in Oregon, lacks a comprehensive plan. Absent an approved plan, land owners are governed not so much by Damascus, but by Clackamas County zoning designed for the rural past, not the urban future. City planners are attempting another run at a plan, but the going is slow with a divided Council.

The mayor sees an opportunity to break the gridlock in his favor by running a slate of three Ask Damascus candidates for open city council positions:

Dan Phegley, co-founder of Ask Damascus, is an insurance agent for the Ben Phegley Insurance Agency. He has brought forward numerous ballot initiatives and referendums beginning shortly after Damascus

continued on page 8

Real Estate Review
Chris Olson

page 2

Gardening
With Gretchen
Gretchen O'Brien

page 4

Flavorful Humor
Mike Andrews

page 4

Travel News
And Tips
Cindy Passannante

page 4

Healthy Food
Victoria L. Larson, ND

page 5

Donna's Kitchen
Donna Blake

page 5

The Sunrise Times:
September 18th - 6:53 am
October 18th - 7:32 am

Possible Identity Theft at Damascus City Hall

What's Up At City Hall

by Dean Apostol

According to officials at the City of Damascus, on the morning of September 3rd, at around 10:15 AM, Cindy Spinnett, wife of Mayor Steve Spinnett, came to City Hall to request copies of documents. As the front desk clerk turned to retrieve these documents, Ms. Spinnett, according to three separate witnesses, leaned over the front counter and apparently began taking photos of unrelated documents that were on the table behind the counter. These documents were code violation files in a mater

not involving the Spinnetts. They are kept confidential.

City Hall staff said they were reluctant to confront Ms. Spinnett because of her husband's position as Mayor, but they made it evident to her that they were observing her. They described her action as waving an object slowly over the documents, which at least one witness described as a cell phone. They assumed she was taking pictures of the confidential files.

When Ms. Spinnett was given the documents she had come for, she turned and left. City staff reported the incident to city manager, Greg Baker. According to

continued on page 11

RESERVED FOR ADDRESS



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- To stimulate local economy by promoting area businesses.
- Encourage citizen involvement and be responsive to our communities.

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Real Estate Review

September Real Estate Review
 by Chris Olson

After reading the Portland Metro real estate statistics for July, I was thinking of singing "Happy Days are Here Again". Finally the median sold price of a home in the Portland Metro area is positive for the last 12 months. Yes, it's only 0.7% but we are trending in the right direction. This July vs. July 2011 showed a 7.8% appreciation in the median price. Out here in the country things are appreciating a little slower but home sales are excellent. The shortage of homes on the market has really given a boost to home prices in the Boring and Damascus zip codes. My gut feeling is that our average home price is up about 5% since March. The hottest price point for home sellers in our area is between \$250,000 and \$350,000. Homes priced over \$400,000 do take a little longer to sell.

As a realtor representing a buyer or seller we are held to a "standard of care" for the clients we represent. What this term asks is, "what would a knowledgeable realtor who is familiar with the potential issues that arise with the sale of a home in our area do to insure their client was protected." It's our job to make the client aware of these issues, and let them decide how to proceed. The following are some of those issues. Most important is a home inspection. A typical home inspection costs between \$350-\$500. This is a must do for the buyer. The information from the home inspection may bring up other things that need to be checked like the heating/cooling system. Home inspectors are generalists, not specialists. They will recommend having a licensed and bonded contractor check these things. In our area the biggest issue is the septic system. Damascus had a building boom in the 1970's and most of those homes had steel septic tanks. These tanks need to be pumped and checked to insure serviceability. If the home is on a well, the buyer will ask to have the water sampled and the buyer should also complete a flow test on the well. Some homes in the area had or still have oil heat. If there is an in-ground oil tank, the ground around it will need to be checked for leaks. Many folks have a wood stove or fireplace insert.

State law now requires that any non DEQ certified wood stove or fireplace insert be removed from the home before or within 30 days after the sale of the house. These are

Most important is a home inspection. A typical home inspection costs between \$350-\$500.

some of the bigger items that the seller will need to address during the sales transaction.

With interest rates holding at record lows, home prices beginning to increase, and a shortage of good homes on the market we are seeing activity more like it was back in 2007. Once again it's not unusual to have more than one offer on a property at the same time. If you are interested in selling and buying again, this is an excellent time for you to get that new home you have been thinking about. Prices and interest rates will eventually begin to go higher.

Note: Chris Olson is the managing broker at Burns and Olson Realtors. 503-539-2604 or chris@burnsandolson.com

Pharaohs Street Rodders Make Large Donation To The "Missing In America Project"

Wednesday September 5th, during their weekly Endless Summer Cruise-In's in historic downtown Gresham, the Pharaohs Street Rodders Car Club presented the leadership of the Missing in America Project (MIAP), with a check, representing the entire net proceeds from their July 28th Third Annual Ralph McKee Memorial Cruise-In benefitting the MIAP.

The MIAP was launched nationwide in January of 2007, with the goal to locate, identify and inter the unclaimed remains of our American Veterans, from wars as far back as WW1. Those Veterans, with no family members, need and deserve an honorable burial.

Special dignitaries were invited to attend, include State Senator Chuck Thomson, and State Representatives Greg Matthews and Mark Johnson. Representative Matthews is a Veteran of the Iraq war.

The event took place prior to the car show awards, in the East Hill Church Youth Center parking lot, on Main Avenue in historic downtown Gresham. Spectators are welcome to enjoy the weekly car show that takes place here between 4:00 and 7:30.

The purpose and desire of the Pharaohs Street Rodders is to provide a social organization for those interested in the promotion and development of Hot Rod, Classic, Antique and Special Interest automobiles. The group has many members from Damascus and Boring. The primary mission the Pharaohs support is the MIAP, with current donations exceeding \$5000 since 2011.

For additional information, please contact: David Jothan Public Relations and Marketing Director, Pharaohs Street Rodders Car Club, drjothan@aol.com 503-860-8041



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CITIZEN'S COMMENTS



LAND OF THE FREE and the HOME OF THE BRAVE

by James De Young
Damascus resident

This holiday gives us special opportunity to reflect on the values that make America great. These words from our national anthem are all too familiar to every patriotic American who has sung the "Star-Spangled Banner." They are the very last words of each stanza.

Perhaps they are too familiar. I think we all have a general understanding of the words. We're affirming that America is the country where these two great values pervade our culture and history. That America was the place of a

"New Beginning" dedicated to a very different way of life.

Throughout the time since these words were first composed by Francis Scott Key, during the War of 1812, Americans have both affirmed and committed themselves to be the people who proudly live where freedom reigns and bravery is exercised to preserve this freedom. Often at the cost of soldiers' giving their lives for this country, we continue to enjoy our freedom. Freedom is not free; it comes at a heavy cost.

But upon reflection I think there is an additional meaning embedded in the words "home of the brave." It isn't just by military action that the land continues to enjoy freedom. There are many other ways whereby the American people exercise bravery. To be "brave" in the face of

threats from without and from within is one virtue that characterizes Americans, but the words suggest additional truth.

Bravery is also exemplified by those who run counter to the culture to stand for the values which have made us a great nation. Sometimes this means ostracism and loneliness. It also means making hard choices, to choose the difficult thing to do.

The last two years have seen nothing but negativity and fault-finding, of sowing discord and division, of broadcasting half-truths. These belong to those who would sacrifice our city of Damascus on the altar of vanity where outside forces treat Damascus as their lackey to serve their own agenda, rather than meet our needs to build consensus and constructive compromise.

Continued on page 9

SOME OF THE PEOPLE, SOME OF THE TIME ...

by Gary Rankin
Damascus, OR 97089

Starting point: Candidate Spinnett is a housing developer who has clear cut his property and filled in natural wildlife areas in preparation of building a housing development on the Damascus Buttes. The housing development has been planned and shovel ready for many years.

With that, he has:

Spent over \$25,000.00 to win the last mayoral race, an unpaid City Council position. The first item of business as mayor was to throw out the comprehensive plan; it interfered with his housing development.

In the 2008 election he championed the defeat of system development charges in Damascus which would

have required developers (Mr. Spinnett) to help pay for infrastructure roads, sewers, and waste water. Due to his efforts the City cannot impose development charges on developers (Mr. Spinnett).

Prior to that, Mrs. Spinnett filed a plan with the City of Damascus - June 28, 2007 - to have their property designated as a special sub-area with zoning and development codes separate from the rest of the citizens - no development or zoning restrictions would have been allowed, "County and city road development waived", "no added burdens, regulations, or fees would be added to the landowner to build and divide the land", "development would not be limited or exempted by identifying natural features or hazards". Note this would have applied only to the Spinnett

Continued on page 9

SO WHAT IS A SEMI-RURAL VILLAGE FOR?

by Marilyn E. Taylor
Damascus resident

A semi-rural village, such as Damascus is presently, is for people like me and many of my neighbors. We lived in cities for many years until we could get out. Not everyone is meant to live in a city. I for one, do not like living in cramped little lots with no yards which characterizes so many of the newer neighborhoods. I don't want to listen to other peoples' music or listen to their arguments. I want to see the stars at night. I want to grow a garden and admire my forest. I want to take my dog for a walk through the woods and watch him roll to his heart's content in the tall grass.

I think the idea of a city in Damascus is ridiculous, first from an infrastructure standpoint like sewers, water and a road system that will handle present and future traffic. Second, the topography of this area is not conducive to mega acres required for large businesses that can provide "living wage" jobs. Third, by the time buildable acres are finally calculated I would bet there isn't going to be enough land to accommodate what some people seem to be envisioning. Furthermore, there is no magic money tree. It is a pipe dream to think development is going to pay all costs.

If one were to believe that Damascus will dry up and blow away if it doesn't develop into a city, that is unfortunate thinking. There are many communities around Oregon that haven't changed

Continued on page 9

DAMASCUS: TO BE OR NOT TO BE

by Wally Bothum
Damascus Resident

Damascus incorporated to be a city of the citizens choosing. The idea being a city planned by the citizens without outside interference. After eight years going through several City Managers, Planning Directors and a ton of \$\$\$\$\$, it is becoming clearly more difficult to develop a comprehensive plan required by the state.

Hmmm, a plan required by the state? But I thought when I voted to be a city there would be no outside influence! Am I to believe the boogie man Metro, along with the state is giving us problems!! They have to acknowledge any Comprehensive Plan or land use change? Acknowledge is a tricky word, meaning approval.

Hmmm, it's now understood our council cannot forward any plan to the state for approval until we the voters, approve. (Due to charter amendment 3-389, passed by the Damascus voters.) How do we think that's going to work for us?

Councilor Shannon has come up with a neat idea, approved by the council. Ask the voters if they want the council to ask Metro to reduce the Urban Growth Boundary (UGB). Why does the council need voter approval to ask a simple question? Why would Metro move the UGB line and how would that be an advantage to Damascus? It appears Councilor Shannon believes Metro's magic projected

population numbers for the next twenty years is the tool to convince Metro they made a mistake when they brought into the UGB way more land than needed for twenty years, required by state law.

Hmmm, is there a state law that prohibits Metro from having more land in the UGB than a twenty year supply? Where the UGB line will be is the sole discretion of Metro; Damascus can only request. Our staff and council could fight over where they think the line should be and ask for voter approval, or not. Metro may not agree. Assuming all parties agreed to the new UGB line leaving the eastern portion in the city out of the UGB, then what?

Hmmm, step 2, de-annex that part of Damascus not in the UGB. Putting it back under Clackamas County. Searching the Oregon law on the state web site the word de-annex doesn't come up. There is a lot on annexation and disincorporation but not de-annexation. It appears, if de-annexing a portion of the city is even allowed, the procedure for disincorporation would apply, which would require a majority vote of all of the Damascus voters.

For those left in the city, the city tax base of \$3.88 per thousand valuation would still remain, (\$3.10 presently assessed). System Development Charges (SDC) and land use changes would still require voter approval. The Planning staff would still be needed to develop a comprehensive plan by state and Metro rules. Bond issues requiring more property taxes, would be forthcoming for a

new City Hall, police department, schools, sewer trunk lines, the list goes on . . . Of course this is all needed to accommodate the massive influx of neighbors with common walls living around and on top of us.

Hmmm, why would that part of Damascus which is left in the UGB vote to de-annex from the city that portion outside of the UGB?

If all these shenanigans are successful I would likely be out of the UGB and the City, which would save me \$150.00 per month city taxes. Of course selfish me, I would like to have this done, like about 8 years ago. But my democratic neighbors voting for incorporation said NO, you cannot do that, we need your support to develop a city the way we envision it. They got my support.

Continued on page 9

HAPPY TO GET THE SUNRISE TIMES

by Gary Roche
Damascus resident

I was very happy to get my first issue of The Sunrise Times. I have often been frustrated there has been no vehicle to discuss the issues that face Damascus. All we get are political mailings before elections. More often than not these political mailings from groups like Ask Damascus get their money from out of state interests. I doubt if Ask Damascus has more than 15 or 20 members yet with their out of state money they have been very effective in influencing the Damascus vote.

Chris Hawes article 'Where To Now Damascus' should be required reading for all con-

cerned residents. He shows in very clear language how measure M3-389 was poorly thought out and written.

It's my opinion that Ask Damascus used fear and deception to scare the electorate into passing the measure. They continually try to use Metro as the "evil big government" trying to force us to become just like Portland. Look at mayor Spinnett's election signs popping up all over the city. He says "Let's Take Back Damascus". I didn't know it was missing but take it back from who? He wants us to think the evil Metro took it and only he can get it back. What hogwash! It's these kind of scare tactics Mr. Spinnett and Ask Damascus like to use. Fear is a great motivator. You watch, the political mailings we get this fall from Spinnett and Ask Damascus will be full of doomsday predictions if we don't vote with them.

I have long believed Steve Spinnett became mayor for one reason only. He wants to change the city codes so he can have personal gain with his property and is doing everything in his power to make sure that happens. I don't think he cares about you or I, or the rest of Damascus.

And another thing I want to get off my chest. Spinnett likes to use American flags on his outdoor signs as if he's more patriotic than his opponent. He should do a simple google search for flag etiquette. American flags are not supposed to be used for advertising purposes and if left out at night it should be well lighted. Mr Spinnett fails at both.



Gardening with Gretchen



Garden Residents by Gretchen O'Brien

Plan now for fall planting. We are so fortunate here in the Pacific Northwest since we can get an early start for next spring by planting in the fall and allowing rain to take care of plants in our landscapes. We also have time to plant things that will provide blooms in the winter and early spring for hummingbirds.

We have two kinds of hummingbirds here in our area, the Rufous and the Anna's Hummingbirds. The Rufous Hummingbirds are smaller than the Anna's and are here from spring until the fall, when they migrate. The Anna's will be here year round if we provide food for them, especially during winter. The male Anna's whole head is bright scarlet when viewed from the right angle. The female has rosy speckles on a white chin. The rufous hummingbird male's body is reddish, with green wings and ruby-colored throat. At all ages the tail is reddish tipped black. The female is green above with ruby spots on throat. My main way of telling the difference is in their size and the fact that

only Rufous have any reddish brown coloration.

As was the custom when species were discovered and named, the Anna's Hummingbird was named for the French Duchess of Rivoli, Anna Massena, by the French scientist and explorer, Rene Lesson, in 1829. Lesson wrote one of the earliest books on hummingbirds, illustrated by delightful hand-colored engravings. The spectacular male courtship display of the Anna's consists of a climb up to 130 ft., then a swoop to the ground, producing a curious burst of noise with their tail feathers near the bottom. Often a female will be perched near the point of the burst of sound.



By early summer, the Rufous males have moved into the mountains to take advantage of wildflowers on their migration to Mexico, so the only males you would see now are the Anna's. The female Rufous will leave in September for their stay in Mexico. Anna's have been staying around in the Portland area in recent decades mainly because of people putting out feeders for them. It is normal-

ly recommended that feeders contain a 20 percent sucrose solution (one part sugar to four parts water. Higher concentrations do not necessarily benefit hummers. But, we can help them by planting for winter blooms. These blooms can provide nectar, but also attract small insects which are an important source of food for hummers, and of course their only source of protein.

There is no need to use red food coloring when making up a sugar solution for hummingbirds. If your feeder has no red on it and the birds are not coming, you can place a red ribbon on it so that they can find it easier.

Anna's Grevillea

There are quite a few plants that bloom during the winter months. One of them is Mahonia 'Arthur Menzies' and Mahonia 'Charity'. Their flowers are similar to our native mahonias, with a yellow fragrant bloom out of the top of the foliage. I have planted a hedge of them for the Anna's hummingbirds, mixing the two varieties since their bloom is slightly staggered. Another wonderful evergreen shrub that is reliable to bloom in the winter, is grevillea victorea, several different varieties, the leaves look good even when covered with snow, and the red-orange flowers are a great attractant for hummingbirds.

warned that I'll need to get a permit from city hall to avoid violating the #!!* tree removal ordinance.

One more thing. I got one of those cool propane fueled weed burning torches last spring. I used it a lot and found that it not only burns weeds but also slugs, electrical wiring, garden hoses and rubber boots. It's good for burning through bailing twine too if your livestock don't mind blackened hay. If you buy one though, don't use it around dry wooden structures. Never mind how I found that out! That old barn was almost falling down anyway.

dle of the patch to look for the rototiller that I thought I left there in June. The plants were so tall they completely blocked the sun and I got really disoriented. After a brief moment of panic I collected myself and calmly clawed and screamed my way out. Didn't find the tiller.

Zucchini did well too, but then if you can't grow zucchini in Damascus you probably can't even grow weeds without a manual. One of our plants got out of hand and grew a giant zuke so large I considered cutting it into rounds with the chainsaw and making stepping stones from it, but I think instead, I'll just hollow it out and store the canoe in it this winter.

The corn grew really tall. Luckily I have pole-climbing gear so I can harvest the ears. Later this fall when I cut down the stalks I've been

Travel News and Tips

YOUR VACATION

The Best and Most Important Experience of the Year



by Cindy Passannante

"Why should you use a travel professional to purchase your vacation, when you can do it yourself on the internet?"

Quite simply, a competent, experienced travel agent is as valuable as a trusted physician or lawyer. A top agent is a professional with indispensable knowledge and skills who can help you make savvy decisions and save you TIME and MONEY in organizing your travel arrangements.

- A travel professional works hard to get you the best value for your travel dollars. With experience and training a professional knows all the systems and areas to explore for the best deals, and helps you fit your dreams to your budget.
- One-Stop shopping, your travel professional can handle all the details, from the airfare, the car rental, the hotel, and delightful unusual tours you may not be aware of to bring your dream vacation together.
- By using the latest technology and their own experience, your travel professional will find the answers to all your questions and is your advocate when unexpected problems arise, either before, during or even after your travel. Remember your travel professional works for you.
- Travel professionals take the time to learn about many wonderful destinations, programs and opportunities that are available to fit your requirements and help fulfill your dreams. They have often been there and know the little things that can make a difference in how well your travel experience goes.
- Personalized service. When you have a travel professional in your corner, your travel planning is easy, fun, and low stress. Timely answers are always available via email or phone call.
- Ideas abound! Need a vacation or getaway but do not know where to go or what you want to do? Visit a travel professional: they have wonderful ideas, experiences to share and can help you find the perfect plan to fit your budget, time, and ideas.

Remember your local travel professional is working with your best interests in mind.

Note: Cindy Passannante is your professional travel agent in Damascus, C.P. Trips, Inc. 503-658-5646 Email: cptrips@aol.com

Flavorful Humor

Harvesting Humor by Mike Andrews

"I can see you give more than I can take, but we only harvest some."

This line from an old Neil Young song has little to do with my column this month but it does match up well with this issue's harvest theme. Anyway, since nobody wrote to request that I not write about how my garden fared this year I assume nobody will mind if I do just that. Don't worry, I'll try to keep it brief and I'll write slowly so everyone can keep up.

The tomato plants exploded in growth this year once winter was over at the end of July. I planted 20 varieties that totally went Jack And The Beanstalk on me. The only hassle was the day I hacked my way into the mid-

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Healthy Food

Feed Your Head

by Victoria L. Larson, ND

As school buses head down the road and the weather sometimes gives a blazing finish to summer, we find ourselves preparing for the inevitable changes as we wind down the year. As our students hit the books, we should too. Learning never stops.

The approach of fall and winter remind us that once again we are about to face increasingly dark days, colder weather, high gas prices, and the possibility of power outages. Things that keep us at home more. So don't fight it, prepare for at-home-ness with my suggested reading list. There are areas we should all study in preparation for any changes that may come our way. Changes in weather, health, or working status. And remember, learning is virtually free.

Books to have on hand for short term emergencies include the WHERE THERE IS NO...DOCTOR series, which includes NO DENTIST, WHERE WOMEN HAVE NO DOCTOR, and A BOOK FOR MIDWIVES, should that be appropriate for your possible emergency needs. All of these books contain life-saving information for people who may be unable to obtain medical care for whatever reason. Detailed and thorough, they may contain anatomically correct illustrations not suitable for children or the squeamish. If you decide to own these books, place them with your emergency preparedness kits.

Simple treatments that could keep you from a trip to the ER

Simple treatments that could keep you from a trip to the ER can be found in HOME

Regular readers of my columns know that I believe good nutrition is one of the keys to good health.

REMEDIES by the Drs. Agatha and Calvin Thrash. This book focuses on the treatments accepted and used by medical doctors from the late 1800s and early 1900s. This was a time when even the royalty of Europe flocked to the sanitariums of the United States for what seemed like miraculous cures with simple protocols like hydrotherapy, massage, nutrition, and rest.

Regular readers of my columns know that I believe good nutrition is one of the keys to good health. Two excellent books on the topic of nutrition are THE CHINA STUDY by T. Colin Campbell and Thomas Campbell, a father and son team. This book shows the relationship between diet and disease and will change the way you look at food faster than any

ad for fast food could possibly do! Any of Michael Polan's books (THE OMNIVORE'S DILEMA etc.) will bring you up to speed on current trends in food and nutrition and are also highly recommended.

If someone you know is

battling a life-threatening condition, read CANCER AS A TURNING POINT by Lawrence LeShan, PhD. In fact, it might be an easier read before facing disease in your family. BEATING CANCER WITH NUTRITION by Patrick Quillan, PhD. is also an excellent book to wade through before illness strikes. Each can be used as a guide to avoid illnesses like cancer, diabetes, and heart disease. Earlier editions of the latter book (1990s to early 2000) list me as a nutritionally oriented, adjunctive practitioner; however, since I sold the Schoolhouse in Sandy a couple of years ago, the contact information will no longer be correct. Current contact information is available in every edition of this newspaper.

All of this reading material is available through your local library or bookstore and can also be found at Powell's bookstore or online. Fall is learning time. In Oregon the long, dark, rainy-snowy season that is most assuredly coming all too soon will, nonetheless, give us moments to pause and read, recuperate, and rest. Happy reading.

Rescue Boat continued from page 1

In addition to the new boat going into service, Clackamas Fire will be receiving a donated handheld thermal camera from FLIR Systems Inc. The "First Mate MS," is a handheld camera that produces an image from heat rather than light, so rescuers can quickly find victims who may be in the water. The addition of this versatile tool will increase rescuer efficiency during emergency rescue operations, undoubtedly saving lives.

The Clackamas Fire Water Rescue Program began in 1997 in response to a need to provide increased rescue capabilities on the Clackamas River and other waterways that run through the protection area of Clackamas Fire. Since its inception in 1997, the water rescue team has responded to an average of 50-60 water related emergency incidents per year on the Willamette, Tualatin, Molalla, upper Clackamas, lower Clackamas, Sandy, and Bull Run Rivers, with nearly 30 of these incidents resulting in successful rescues each year.

HIGH FIRE DANGER

No outside burning until October. Always call first to learn if burning is allowed that day.

Donna's Kitchen

Versatile Egg Protein Compared to Meat

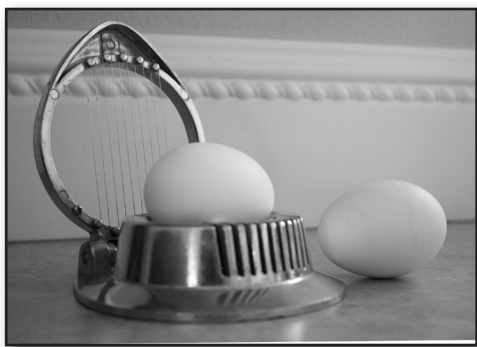
by Donna Blake

Hi again – Donna here! I took the opportunity to visit 2 local farmers markets for this month's article. I started at the Damascus Fresh and Local market on Thursday afternoons. My first impression was how small it was, but the quality of the whole experience was very good. Great live music entertained us. Ready to eat food was available from local vendors providing much healthier options than standard fast food choices. All the produce was very fresh and priced well too. Flower bouquets came in every color of the rainbow. I visited with several vendors and found them all helpful and friendly. This market is a good place to experience with the entire

family, take home a ready-to-eat dinner, or show your out-of-town visitors a great time.

A trip to the Saturday Sunnyside Farmers Market was a similar experience but on a much larger scale; more friendly vendors, more people in general, probably due to it being a Saturday. There were more arts and craft items here too. This is another good venue to share with visitors and family.

Both markets have farm



Egg Slicer

fresh eggs available. A dozen market eggs range from \$3.00 to \$4.00 which is reasonable if you wish to know your farmer and how they handle

and feed their hens. With the cost of feed and the time necessary to care for the chickens and eggs, and getting them to market for us, I wonder how much the farmer really makes.

My mission was to research eggs for this column and draw comparisons regarding egg protein and meat protein by cost per pound. I literally weighed large eggs at the grocery store and arrived at the conclusion that 7 to 8 eggs equal one pound. Then I priced out the cost per egg and multiplied it by 7 or 8. The most economical way I know to buy an egg is Wincos 5 dozen pack making eggs \$1.00 per pound, but even fresh farm market eggs at \$4.00 a dozen are only \$2.65 a pound and generally still much less than buying meat for your family's protein.

Why would I go to this extent? With the price of food going up so rapidly, I find eggs a great source

of protein, and each egg is loaded with other good things for us too. Eggs are just plain versatile from starring in many ways to create breakfasts, to egg salad

sandwiches for lunch, to quiches for dinner.

It's only natural I share my favorite Egg

Salad Sandwich Spread with you. For this recipe I use another favorite tool in my kitchen. You can make this without an egg slicer but once you use this little device you'll wonder why you didn't get one sooner. Mine has really good fine wires. After passing it over the egg once, I gather the sliced egg, turn it around and re-slice one more time for nice uniform pieces.

Note: Donna Blake enjoys sharing her kitchen expertise and delicious food creations. Donna knows how to stretch a food budget – she raised 5 sons and continues to manage the kitchen at Damascus Community Church.

I find eggs a great source of protein, and each egg is loaded with other good things for us too.

Donna's Favorite Egg Salad Sandwich Spread

List of ingredients:

Eggs
Celery
Bacon
Mayonnaise
Sun dried tomatoes
Green onion
Salt & Pepper

1 dozen hard boiled eggs cooled, peeled, and cut up (I pull out my slicer.)
1 cup finely chopped celery
6 pieces of chopped cooked bacon
1 cup of mayonnaise
½ cup sun dried tomatoes
1 cup diced green onion
Salt and pepper to taste

Mix together and enjoy on hearty bread or crackers. Make it lower fat simply by using lite mayo and turkey bacon. This mix keeps well for several days in the refrigerator and it makes plenty.



COMMUNITY NEWS

Think LOCAL Shop Area Farmer Markets

Boring: Sundays, 10:00 – 3:00 June - Early September
Boring Station Trailhead Park
www.boringfarmersmarket.com

Clackamas - Happy Valley - Sunnyside: Saturdays, 9:00 - 3:00 June - October
13100 SE Sunnyside Rd at 132nd Ave.
www.sunnysidefarmersmarket.com

Damascus: Thursdays 3:30-7:00 SE Foster Road across from Safeway
www.damascusfreshandlocalmarket.org

Gresham: Saturdays, 8:30 - 2:00 May - October
Miller Street between 2nd & 3rd
www.greshamfarmersmarket.com

Oregon City: Saturdays, 9:00 - 2:00 May – October
Clackamas County Public Service Bldg. Parking Lot.
2051 Kaen Rd. at Beaver Creek Rd
www.orcityfarmersmarket.com

Brought to you by Maureen Grainger, Broker, Oregon Realty Co.,
503.459.8624, mgrainger@att.net

Veteran's Lunch at Damascus Christian School

LIVING HISTORY

"What a joy it was to watch the two generations interacting and enjoying each other," said history teacher, Linda Urbanowski.

The Junior class of Damascus Christian School recently hosted a luncheon to honor military veterans for their service to our country and to thank them for the freedoms we continue to enjoy. Each of the five military branches were represented with two to four local veterans. The class had been divided into the five branches, and the students each served and dined and interviewed the veterans of their branch. The students also stood and sang the military song of their groups branch.



SANDY ACTORS THEATRE

Blithe Spirit

A HAUNTING COMEDY
by Noel Coward
Directed by Doug Holtry

September 14 – October 7

Showtimes

Fridays & Saturdays 8 pm
Sundays 3 pm
Doors open 45 minutes before showtime

Ticket Prices

General \$15
Seniors (60+)/Students \$12
Children (under 12) \$10

Reservations

(503) 668-6834



www.sandyactorstheatre.org
Located behind Ace Hardware at
39181 Pioneer Blvd, Sandy, OR 97055
We are a 501(c)(3) nonprofit organization.



Produced by special arrangement with Samuel French Inc., New York City.
Poster Design by Mary Lankester

Tomatoes continued from page 1

beds last month now wither to reveal orange orbs, giant creamy dirigibles, yellow acorns and striped turbans.

It is no wonder that as the first hint of autumn arrives, my inner squirrel takes over. I'm surrounded by beautiful fragrant food and winter is coming. I become obsessed with picking, pickling, freezing, canning and drying. Anything round and edible is liable to find itself mixed with sugar, bubbled in a pot and ladled into a jar. I even think about dusting off that hand-cranked apple press from the back of the barn.

And of course I worry about my tomatoes.

In general, I worry too much about my tomatoes. I've become a tomato elitist, I admit it. I no longer buy tomatoes out of season. I disdain the tomato-like object that arrives on my deli sandwich in January. That isn't a real tomato. I've decided a real tomato is worth the wait, worth my full attention. Now I only enjoy real tomatoes

at their vine-ripened peak, in their full, sweet dribble-down-your-chin glory.



But Damascus is somewhat tomato challenged. We aren't the Midwest or California where vine-ripened tomatoes are taken for granted. But we also aren't Seattle. Our season is long enough and warm enough to produce ripe Early Girls or Willamettes. However, in Damascus there are no guarantees when it comes to Brandywines. Heirloom tomatoes take a bit longer to ripen. Some are fairly hardy

but they aren't disease resistant like hybrids. They are vulnerable. And so, I worry about my tomatoes.

The worry starts in May, really, when I try to determine the right time for planting. Too early and the tender little leaves may get nipped by a late spring frost or roots may rot in cold wet soil or stems will turn purple from the chill night air.

Once they are in the ground and growing strong and lush, I stake them and snug them securely into cages. I anxiously watch for little yellow blooms to appear. Am I watering enough? Did I get the balance of fertilizer just right? Too much nitrogen and they'll be all leaves and no fruit.

Inevitably the blooms do appear and I watch for the little green fruit. In a normal year, the fruit starts to appear in July. But the last three summers haven't been normal. The cold rains lasted until July. Warm weather didn't arrive until August.

By August, I'm pacing up and down my rows of tomatoes. I offer words of

encouragement. Each day I check the weather forecast, hoping for sunny mornings and warm afternoons. By the time I get to the early days of September, the hand wringing has begun in earnest. There are beautiful big green tomatoes all over my vines. On their tags are names like Cherokee Purple, German Strawberry, Black from Krim and Orange Banana. I dream of brimming baskets of tomatoes in wonderful shapes and rainbows of color.

How much more anticipation can I take? For goodness sake, there are BLTs to be eaten!

Sure, there have been years when rains hit in early September and if I hadn't prepared with lots of mulch and well-pruned vines, I was hit with the dreaded late blight that in three damp days can melt beautiful big mature tomatoes into black goo. But most years we are blessed with lovely late summer weather. Fret as I might, I almost always get a reasonable harvest of mouth watering tomatoes. And some years I'm blessed with abundance. This year started late, cool

and slow but the outlook is bright. Every day the Weather.com page for Damascus displays a row of little yellow suns. I'm thinking good thoughts about Brandywines.

Crazy as my tomato anxiety may be, it is a part of an annual ritual for me, one that includes planting, tending, harvesting, storing and, of course, eating. Fresh from the garden, still warm from the sun, home grown tomatoes are luscious with just a sprinkling of salt or sliced on a baguette with fresh basil, mozzarella and a drizzle of olive oil. And while memories of succulent fresh tomatoes linger into fall, the produce from my garden feeds me all winter. On a cold gray January day, the bubbling pot of minestrone soup, the sun dried tomato pizza or the golden plum jam on my toast make it all worthwhile. Isn't that the measure of any hard won accomplishment?

Now pardon me,
I need to go talk
to my tomatoes...



Health and Safety Fair

Clackamas Fire District is also hosting a Health and Safety Fair for Kids at the Danielson's Hilltop Mall in Oregon City from 10-3pm on September 22nd. This is generally a very well attended event and includes free activities such as: Free bike helmets, free bike drawing, document shredding, a fire safety house, dental and hearing screenings, health and blood pressure screenings, drug and alcohol prevention support, Safeway resources, nutrition and healthcare information, mental health and parenting resources, auto extrications, and a live fire sprinkler demonstration.

Submitted by Kari Shanklin,
Captain Deputy Fire Marshal



Fireman's Waterball

Left Fireman and cowgirl below photos courtesy of
Brian Pasko Photography www.brianpaskophotography.com



... After all day on the farm



Illustration Courtesy of RJ Ballard - www.rjballard.com

Boring's 2012 Celebration



Keegan Deters, 5 almost 6, gleefully cheers on Dolly the Goat at the Boring Celebration's unique version of BINGO.



Announcements

Chad and Jamie Stateler of Carver Oregon would like to announce the birth of their beautiful baby girl, Carly Michael Stateler.

Carly was born on 6-24-2012 at 3:00 a.m. at Willamette Falls Hospital in Oregon City. She weighed 6 pounds 15 ounces and was 19.5 inches long. Carley is the only sibling to her big sister Madison Stateler. She gets her middle name from both of her grandfathers, Michael Doane and Michael Stateler. Her grandmothers are Beverly Doane and Tracee Stateler. Carley's family is happy to report she is an active, joyful and blessed addition.



Carly Michael Stateler

Community Announcements

We welcome brief announcements from the neighborhoods we serve:
Births • Engagements
Weddings • Obituaries
All submissions must be typed and signed with full name, address and phone number, and are published on a space available basis.
Please submit by email:
submissions@
TheSunriseTimes.org

"Oz the Cat isn't over here!"

Felicity and her Bunny searched Boring for Oz.



Hundreds of Volunteers Clean and Beautify School Grounds

More than three hundred volunteers from faith-based organizations, parent groups, and the community joined together August 18 and 25 for the Gresham-Barlow School District's "Community Care Day."

Volunteers worked on several beautification projects, which included pulling weeds, raking, spreading bark dust, pruning, and painting. Due to budget constraints, the Gresham-Barlow School District is limited in its upkeep of school grounds.

"We are so thankful to the individuals who came out this year and every year to get our school grounds ready for students," said Gresham-Barlow School District Facilities Director Terry Taylor. "Volunteers from East Hill Church adopted thirteen of our nineteen schools and thanks to them and the other churches involved in the effort, our school grounds were in great shape on September 4th."

In addition to East Hill Church, Cornerstone Church, First Baptist Church, Good Shepherd Commu-

nity Church, Grace Community Church, Gresham Bible Church, and Mountain View Christian Church participated in the event.

The Gresham-Barlow School District has been receiving "Community Care Day" help from churches and volunteers since 2004.



East Hill Church volunteers Karissa Etling (left), and Teresa Suva work on the grounds of West Orient Middle School.



TAKING CARE of BUSINESS

It's Damascus continued from page 1

incorporated. Many of these were city charter amendments that tied the hands of the Council. Mr. Phegley is getting financial support, from the Oregon Transformation Project and other organizations that see Damascus and Clackamas County as a testing ground for radically constraining government and promoting private land development rights over public land use control. The old saying is; if you can't beat em, join em, but in Mr. Phegley's case, despite often beating the City Council, he now seeks to join them by running for Position 6.

Bill Wehr is also a member of the Ask Damascus slate, and is running for Council Position 1. Mr. Wehr is a retired financial planner who has lived in Damascus since 1976, and presently serves on the City Budget Committee. Mr. Wehr, along with the Mayor, has spoken out against the upcoming citizen vote on withdrawing part of Damascus from the Metro Urban Growth Boundary. He published an opinion piece on this topic in the Oregonian that can be viewed at: http://www.oregonlive.com/happy-valley/index.ssf/2012/08/my_turn_urban_growth_boundary.html.

Mel O'Brien, is the third and final member of the Ask Damascus slate, running for Position 2. He is a portrait photographer and registered minister who holds wedding services at his home high up on Sunshine Butte. In a support letter from the Mayor, Mr. O'Brien's says "I decided to become a candidate because of recent events and my concerns for direction and activities of the current city council, with the excep-

tion of Mayor Spinnett." His web site is: www.revme.com

Kevin Reedy has also filed for Position 1. Mr. Reedy is a construction manager who has been very involved at City Hall, having chaired the Committee for Citizen Involvement. He served over 20 years in the Oregon Army National Guard, retiring as an Engineer Squad Leader Staff Sergeant. Mr. Reedy stresses that he is completely independent and not affiliated with any political group or organization, and can best represent the citizens by remaining truly independent.

Don Arbuckle is a candidate for Position 2. His wife Leslie is from a pioneer family that settled in the Damascus area along the Clackamas River in 1852. His election slogan is "Pioneer Past - Rural Future." Mr. Arbuckle is a strong supporter of keeping Damascus as rural as possible. He has spoken out in favor of natural resource conservation. He points out that the Clackamas River claimed a large chunk of his property in the 1996 flood as a cautionary tale on why floodplains need to be respected. Mr. Arbuckle supports allowing the citizens to vote on a reduction of the Urban Growth Boundary this November and will work to honor the wishes of the voters. His web site is: www.donarbuckleforcitycouncil.com

Mike Hammonds is also running for Position 2. Mr. Hammonds is a realtor who was involved in the initial incorporation of Damascus as a city, and has run for council twice previously. He is a long time advocate of a progressive vision for a new city, with ample open space

and dense, mixed use neighborhoods that support transit and walking. No website information was available at this time.

James De Young is a professor of New Testament Theology at the Western Baptist Seminary in Portland who has also filed for Council Position 6. Originally from a farm family in Illinois, he holds several advanced degrees and has published a number of books and scholarly articles on religious topics. He has lived in Damascus, off of Highway 212 for over 40 years, where he raises beef cattle and Christmas trees on his 7 acre farm. Mr. De Young says he is running to focus "on the positives, on what we could become, a city where each one is proud to live, so that when outsiders hear that we live in Damascus they would think of how fortunate we are. I want to see Damascus embrace a New Beginning." www.jimdeyoungforcitycouncil.com

Mayor Steve Spinnett is running for re-election as the head of the Ask Damascus slate. Mr. Spinnett has been a relentless advocate for private property rights, and has argued against natural resource conservation in Damascus for many years. He owns an automotive shop in Portland, and lives on 11 acres on Butler Ridge. Mr. Spinnett opposes the upcoming vote on reducing the Metro Urban Growth Boundary in Damascus. Mr. Spinnett's ideas for urban development are spelled out in some detail on his web site at: www.DamascusReview.org.

Councilor Mary Wescott has also filed to run for mayor. Her husband's family are

among the earliest settlers of Damascus. She is the daughter-in-law of Damascus' first mayor, Dee Wescott who led the city until he passed away in 2009. Ms. Wescott was first elected to the city council in 2010, and has generally opposed the Mayor on most issues. She manages Wescott Auto Restyling with her husband Karl, where she invites citizens to stop in and share concerns. Ms. Wescott is very active in the Damascus community, including Kiwanis as past president and current Lieutenant Governor of Division 66, the Boy Scouts, Day In Damascus, and Good Morning Damascus, a greeters group promoting local businesses. Her husband also serves the community as a volunteer firefighter and a Boy Scout leader. Councilor Wescott supports allowing citizens to vote on asking Metro to reduce the Urban Growth Boundary this November and is dedicated to honoring the voters will. More information on Ms. Wescott is at: www.mary-wescottformayor.com

Andrew Jackman has also filed to run for Mayor. He is a two term city council member, who holds a PhD in Forestry and Education, has been a teacher and administrator at Mt Hood Community College, OMSI, and Oregon State University. He was president of the Gresham Kiwanis Club. Mr. Jackman is a strong advocate for natural resource conservation, particularly protecting Damascus forests and waterways from over development.

The race for Mayor and Position 2 are 3-way races. Every vote will be very important in these races. Two similar candidates can easily split

votes especially if voter turnout is low. During the last election only about one third of registered voters sent in their ballots.

There are two ballot measures that Damascus citizens also need to consider. Measure 3-404 seeks to limit city government by restricting the spending growth rate to 2.5% per year, regardless of population growth, inflation or other factors, though some exceptions are allowed. This measure has been put forth by Ask Damascus, which failed in a previous attempt at a similar measure in 2010.

Measure 3-411 would request Metro to remove part of Damascus from the Urban Growth Boundary. As noted in the August Sunrise Times, Metro has reduced its population growth forecast for Damascus, which provides an opportunity for the city to "shrink" its urban footprint. A yes vote would instruct city officials to work with Metro to reduce the amount of land slated for urbanization. It is possible that as much as half the land area of Damascus could be removed from the UGB and be allowed to remain rural if this measure passes.

More details on both measures are available at: <http://www.clackamas.us/elections/general20121106.html>

As they say in Chicago, vote early, vote often, and make sure your dead Uncle Vinny gets his vote in as well.

City of Damascus Candidates

THE FOLLOWING CITIZENS HAVE FILED CANDIDATE FILING FORMS FOR THE 2012 DAMASCUS CITY COUNCIL ELECTION

Mayor	Position 1	Position 2	Position 6
Mary Wescott	Kevin Reedy	Don Arbuckle	Dan Phegley
Steve Spinnett	Bill Wehr	Mel O'Brien	Jim De Young
Andrew Jackman		Michael Hammons	

Carver Bridge Construction Update

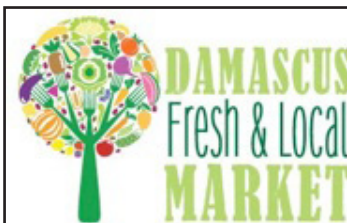
Additional pile driving to support the new Carver Bridge will delay the opening of the detour bridge. Traffic is now anticipated to move from the existing bridge to the detour bridge early in the week of September 17th.



15115 SE 82nd Drive
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Family Owned & Operated so we can offer personalized service & affordable prices to all of our valued clients!



See you on
Thursdays 3:30 - 7:00
19850 SE Damascus Lane
On Foster across from the Safeway
"From our farmers to your table"

Fresh produce, farm products,
ready-to-eat food, pastries
and live music



**Integrity -
is doing the right
thing, even when no
one is watching.**
C. S. Lewis



COMMUNITY NEWS



Dear Editor,

You may not know me personally but I know of you. You may or may not print this but I know you will do the right thing; this is about Mayor Spinnett and his friends putting up signs that have the United States Flag on them.

Now I think that he may think that it is ok but according to "Flag Rules and Regulations, the laws relating to the flag of the United States of America are found in detail in the United States Code.

Title 4, Chapter 1 pertains to the flag; Title 18, Chapter 33, Section 700 regards criminal penalties for flag desecration; Title 36, Chapter 3 pertains to patriotic customs and observances. These laws were supplemented by Executive Orders and Presidential Proclamations.

"Respect for flag": No disrespect should be shown to the flag of the United States of America; the flag should not be dipped to any person or thing. Regimental colors, State flags, and organization or institutional flags are to be dipped as a mark of honor.

Section 8, paragraph I, says:

"The flag should never be used for advertising purposes in any manner whatsoever."

Now I do not think that he should be arrested or anything like that, but I would like to ask him (as I am a Member of the organization of The Boy Scouts of America, and the son and a grandson of Volunteer Firefighters both who have served for more than 35 years) that he take down those flags and display them properly on his own property and not to continue to use them for advertising purposes.

Sincerely,

Ben Wescott, 15
Damascus OR,
BSA, First Class,
Quartermaster, Troop 212.
Grandson of Mayor Dee Wescott

Citizen's Comments continued from page 3

Some of the People continued from page 3

property and some additional Butte acreage, not to anyone else who had plans to develop their property in Damascus.

For years Mr. Spinnett demonized Metro in favor of local control, but now he embraces Metro and is against reducing its power and influence over the citizens of Damascus. (Measure 12-319) Why? Well, he might find himself outside the UGB, back to where he was before his property was included in the UGB and again unable to build that housing development on the Buttes of Damascus.

His actions reveal his agenda - unfettered development/profit for his property at the expense and good of the people of Damascus.

"Take Damascus Back" - you bet. Take it away from Mr. Spinnett and those who have for so long and loudly divided our community in the pursuit of their own private profit, wrapped in the American flag or under the guise of local control.

There are far, far better things ahead than any we leave behind

C. S. Lewis

MASTERPIECE
WOOD FLOORS

David Gleason
P.O. Box 2135
Damascus, OR 97015
502-658-8519

OR# 046740
WA MAFTEWF153Q6

Damascus continued from page 3

For eight years many of us without compensation have spent countless hours to develop the Damascus dream balanced between the citizens core values and state law. To date it has personally cost me around \$14,000, and that is just the beginning. It is now clear, for Damascus to survive as a city it will be like what the voters said they don't want it to look like - Happy Valley or Gresham. It doesn't matter what we don't want to look like. Damascus will look like what the State law says it will look like.

Hmmm, it appears the only way out of this dilemma is complete DISINCORPORATION, ceasing to function as a city. Development would gradually occur as the market dictates, slowly edging out from Happy Valley with a much lower tax rate than Damascus. Or just stay under the county which would be required to urbanize that portion in the UGB. For those who want to develop their lands it would be much quicker and easier with a city which has already gone through the birth pains and have their comprehensive plan acknowledged by the state. Either way upon DISINCORPORATION, Damascus city taxes would be eliminated, Damascus would revert to Clackamas county control. Only the voters can answer the question, Is Damascus To Be or Not To Be?

Land of the Free continued from page 3

For our present place in history, we Damascans have the choice of a "New Beginning." The present offers a new start, to turn to the positive, to embrace optimism for what our city could be, where everyone who hears the words, "I live in Damascus," reflects on how fortunate that person is.

The "home of the brave" is hardly descriptive of those who slander our city and despair the future. Slander reflects cowardice. It is easy to tear down and destroy. But it doesn't build community. It appeals to our baser senses of selfish ambition.

Instead, the "home of the brave" belongs to those who will bind up wounds, create new vision to inspire our people, and who will roll up their sleeves to do the difficult thing. They will continue to work toward consensus rather than give up and glorify gullibility. Future generations will write that we chose to work together, to build, to hold out the dream of a better land.

The next time you sing the words, "the land of the free and the home of the brave," think about the sacrifices many have made to embrace the vision of the "New Beginning" which is Damascus. And then this November determine to join in and support those who have the same vision.

Fire Chief Retirement Is Announced



Fire Chief Doug Branch

Boring Fire Chief Doug Branch has announced his retirement from the District effective December 31, 2012. Division Chief Brian Stewart will be Acting Fire Chief. Chief Branch will assist with the District's transition to new leadership while completing several on-going projects for the District in the interim.

Chief Branch has been employed by the District since 1996, when he was appointed Assistant Chief. He was promoted to Fire Chief at Boring in June 2004. During his tenure he promoted cost-saving innovations including partnering with neighboring fire districts. In 2006 he added cross-trained firefighter-paramedics to Boring's staff, and most recently he led the District's efforts to partner with Clackamas Fire District 1 to jointly serve the Damascus community. Chief Branch served as the 2011/12 President of the Oregon

Fire Chief's Association and currently serves as the Past President.

After 34 years in the fire service, as both a volunteer and career member, Chief Branch said that he has mixed feelings about leaving, but he knows "the District is in good hands and that it is on the right path to continue to provide excellent service to taxpayers." Chief Branch goes on to say "it has been a pleasure to work in a great community that supports us and to work with dedicated volunteers and staff. I am proud of the accomplishments that we have been able to achieve. We have more career staff, more volunteers, great equipment and good facilities in Boring and Eagle Creek, with plans underway to obtain a site to locate a much needed new station in Damascus."

Markets Change. Are You Prepared?

When you stop and look back at what's happened in the markets, it's easy to realize how quickly things can change. That's why we should schedule some time to discuss how the market can impact your financial goals. We can also conduct a free portfolio review to help you decide if you should make changes to your investments and whether you're on track to reach your goals.

Stop by or call today to schedule your free review.



Tim E Palmer

Financial Advisor

20350 SE Highway 212
Damascus, OR 97089
503-558-8233

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Semi-rural Village continued from page 3

a great deal in 40 years, yet they are still there. Damascus is too close to Portland for that to happen; after all, the people who have to work in Portland but don't want to live there have to have some place to live!

So this is my vision of Damascus. Let it grow as it has the last 30-40 years. Encourage farming so our commu-

nity has a local food source. Don't be anxious to bring in new business to compete with what is already here. Appreciate the open space and realize that many of us like the way Damascus is now.

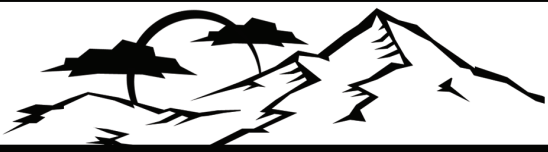
Do not dare not to dare.

C. S. Lewis

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COMMUNITY NEWS

Community Calendar

CLACKAMAS - HAPPY VALLEY - SUNNYSIDE

Sunnyside Farmers Market: Weekly Saturdays 9am-3pm, 13100 Sunnyside Road, Clackamas

Concerts: Live music. Weekly 6-8 pm Fridays, New Seasons Market, 15861 NE Happy Valley Town Center Drive, Happy Valley; free

Once Upon a Story Time: A themed event with activities and snacks. Weekly 10am Wednesdays, Barnes & Noble CTC, 12000 SE 82nd Av., Happy Valley; free

American Girl Club: Stories and refreshments. Monthly 3 p.m. second Sunday, Barnes & Noble CTC, 12000 SE 82nd Av., Happy Valley; free

DAMASCUS-BORING

Boring Farmers Market: Weekly Saturdays, 10am-3pm through September, 28151 SE Hwy 212, Boring

Damascus-Boring Kiwanis Club: Visitors welcome at Kiwanis, Weekly 7am Wednesdays. Pub 212, 20400 SE Highway 212, Damascus; no-host breakfast

Damascus Fresh and Local Market: Weekly Thursdays 3:30-7:00pm 19850 SE Damascus Lane and Foster Road, across from the Safeway, thru September

Coffee with the Damascus Mayor: Monthly 7:30am first Mondays, Surf Bear Coffee Co., 19880 SE Highway 212, Damascus; free

Ice Cream with Damascus Councilors: Monthly 2pm, second Tuesdays, Dairy Queen, 20205 SE Highway 212, Damascus; free

Coffee with Damascus Councilors: Monthly 7:30am first Wednesdays, Surf Bear Coffee Co., 19880 SE Highway 212, Damascus; free

FIRE DEPARTMENT EVENTS:

Open House - Boring Fire - Main Station - Saturday, October 6 1:00pm - 3:00pm 28655 SE HWY 212 - Boring, OR. 97009

Open House - Boring Fire District - Eagle Creek Station - Sunday, October 7 - 2:00pm - 4:00pm 32200 SE Judd Rd - Eagle Creek, OR. 97022

Liepold Farms - Boring/Clackamas Fire - Sunday, October 14 9:00am - 6:00pm (A portion of the proceeds for that day will be donated to the Boring/Clackamas Volunteer Firefighters Association)

Open House September 29- (1:00-3:00pm) - Station 6 (12901 SE King Rd., Happy Valley)

Open House October 6- (1:00- 3:00pm) - Station 5 (9339 SE Causey Ave., Happy Valley)

Be A Good Neighbor Does Your Outdoor Lighting Bully Your Neighbors?

Are your outdoor lights drowning the neighbor's yards? Do you need blood pressure medicine when the yard light across the road or ravine dominates your life? More than one of our readers has complained about this. One of the reasons people leave behind city dwelling and seek the shelter of semi-rural lifestyles is to escape

what their neighbors are doing 20 feet away. But light (and sound) travels further than we think. So before you install an outside light think about how you need to use it and where it should aim, and check the paths of your existing lights too.

Your all night security light should not glare into your neighbor's bedroom or yard.

Be a good neighbor. Light your own place and aim it away from the neighbors. Install a motion detector. Better yet, turn it off. Save power and put your outdoor lights on a switch. Part of the pleasure of having a yard in our communities is being able to see stars naturally brightening our night sky. Now go outside, let your eyes adjust and enjoy nights naturally before the rains begin.

HUGE GARAGE/RUMMAGE SALE:

furniture, small appliances, tools, exercise equip., books, pet items, kitchenware, knickknacks and much more. All proceeds go to support the Committee for the Future of Damascus, a non-profit organization (501(c)3) working to develop a Community Center. Also free items available, with donations accepted. Sept. 21 and 22, 10 am to 4 pm, 19898 SE Ka De Ct., Damascus, .4 mi E on Foster Rd., just N of Hwy 212. (plenty of parking available)

Clackamas Family Escaped Dangerous Carbon Monoxide Levels

A family of six called 911 reporting their carbon monoxide alarm was going off and they were feeling nauseated and fatigued on September 11th. Clackamas Fire Engine 2 quickly arrived on scene to treat the family and measure the carbon monoxide levels in the home. Firefighters found the carbon monoxide level in the home registered at 100 parts per million (ppm). The monitoring device that firefighters were using alerts them to dangerous levels at 35 parts per million. The family was treated on-scene and carbon monoxide levels in their blood soon dropped to within normal limits. Nobody was transported to the hospital via ambulance but the family did drive to an area hospital for evaluation.

The cause of the elevated carbon monoxide levels in this home was a fire in a woodstove that was not venting effectively, allowing carbon monoxide to collect in the living area of the residence. Carbon monoxide is a by-product of combustion and when not properly ventilated it has the potential to build up in an area, leading to carbon monoxide poisoning. In this case the home carbon monoxide detector alerted the family that the levels were elevated and they evacuated the building immediately.

The working carbon monoxide alarm in the home saved this family from a devastating outcome. Clackamas Fire District #1 would like to remind people that Carbon Monoxide is odorless, colorless and tasteless yet very lethal. Remember to have a working carbon monoxide detector in the home and check it monthly to ensure it is working properly.

SEPTEMBER IS FIRE PREPAREDNESS MONTH

OCTOBER IS FIRE PREVENTION MONTH

Sunnyside Library Activities

13793 SE Sieben Park Way

Poetry Workshops for Adults, Tuesdays, Sept. 18, Oct. 16 & Nov. 13, 6-8 pm, Love to write poetry? Are you curious about how to write a terza rima, a haiku or a villanelle? Registration required, call 503-794-3885.

Knit Night, Wednesdays, Sept. 19, Oct. 17, Nov. 21 & Dec. 19, 6:30-8 pm
Knitters of all ages and skill levels are invited to sit and knit on the third Wednesday of the month. Bring a project or idea and have fun!

Bookmaking for Kids, Ages 5 and up, Saturday, Sept. 22 @ 1:30-3 pm Use paper folding, collage and other techniques to create your own journal, zine or other book.

Read, Write, Create, Kids in Grades 1st-3rd, Wednesdays, Oct. 3, 10, 17 & 24, 4-5 pm. Explore the art of picture books through this four week series.

Teen Read & Write, Thursday, Sept. 27, 4:45-6 pm, Part book club, part creative writing group - just for teens. Registration required, call the Youth Desk 503-794-3893.

Zombies vs. Vampires, Thursday, October 18, 6-7:30 pm
Costumes encouraged.

The City of Damascus
&

Sustainable Damascus
The Committee for the Future of Damascus



invite you to

F. E. A. S. T.*

***FOOD, EDUCATION, AGRICULTURE SOLUTIONS TOGETHER**

Come FEAST!

JOIN in a FACILITATED COMMUNITY
CONVERSATION OF ALL THINGS LOCAL:
FOOD and FARM
&
ENJOY a COMMUNITY SOUP & SALAD
POTLUCK MEAL

Time: 9:30 AM-2:00 PM Date: Saturday,
October 6, 2012

Location:
Sunnyside Community Church

FEAST is a community gathering and free noon meal to talk about the local food systems, access to healthy food and how we can best work together to identify a vision, create a common language and learn local information important to our community & region as we plan for our future.

Bring a pot of soup or salad to share, if you can.
Bread, drinks and dessert provided.

Facilitated by the Oregon Food Bank and funded by grants from the City of Damascus and the Kaiser Permanente Health Initiatives Fund.

WHERE IS IT HAPPENING?

Sunnyside Community Church
16444 SE Highway 212
Damascus, OR 97089

Map to location:
<http://goo.gl/maps/H9npb>



[Learn More Here](#)

Oregon Food Bank
www.oregonfoodbank.org/feast

More Info?: Call Elise Scolnick,
503-658-8545 or
email: escolnick@damascusoregon.gov

Door prizes and more!



Limited space available! Advance registration recommended.
RSVP now! Call Lisa Gibson at 503-658-8545 or email lgibson@damascusoregon.gov



Beauty Inside and Out



This is a beauty secret to turn back the hands of time!

by Janelle Burt

Cleopatra, Queen of Egypt back in the ancient of days, was known for her stunning beauty and grace. The wisdom of the ages tells us that she had a skin care regimen, which included exfoliation. In short, to exfoliate is the action or process of shedding surfaces.

This time of year our trees begin to exfoliate their leaves. Some trees even slough off their bark. On you, it is the outermost part or epidermis, of your skin. When done properly, this leaves you with smoother, healthier, radiant skin.

The eew factor is that about every 24 hours, we naturally shed almost a million dead skin cells. On average, we lose approximately 8 pounds of cells per year! Actual studies on the dust in our homes found the accumulation included between 75-90% dead skin cells. Of course, this varies from person to person, and the number of people and animals in a home.

Skin is supposed to be soft and supple. Exfoliating these dead skin cells causes the plumper, healthier cells to be revealed and allows your skin to accept skin care remedies and lotions. The skin, largest organ of your body, is made up of several layers. It serves us by being our first line of defense. Protecting us from bacteria, pollutants and harm, skin is a toxin releaser,

absorbs shock, and protects other vital organs. We have also found out that it absorbs fat soluble substances, such as some vitamins, hormones and nicotine.

Your skin contains keratin, which surprisingly, animal hooves, feathers, claws and turtle shells are also made of. It is also the protein that makes up your hair and nails.

The dermis (the deeper levels) start out plump and healthy, and push the older cells out to the surface where they die off, causing dry

Love your body and it will love you back.

rough scales on the surface of our bodies. It takes about a month for this process to complete.

Your feet, hands elbows and knees should be exfoliated every bath or shower, and your body needs 2-3 times per week (unless your skin is weak and thin). Loofas, pumice, sugar or salt scrub, body brushing, even a soak in the tub with the use of a body glove (which has a rough surface) can be used on our entire bodies.

There are many products available that will work well on your face, however, read the instructions completely. Be careful not to use these products around the delicate eye area or you may harm yourself. I recommend a light circular upward pattern on your facial areas and neck. Be careful not to be over vigorous. It's not supposed to hurt.

As with any procedure, redness and some peeling may appear before your skin completely heals. Some procedures should only be done by a professional. An esthetician or plastic surgeon uses bio peels, chemical peels, and other tricks to reveal brand new beauty from down deep within your skin. Love your body and it will love you back.

HARVEST-TIME

The Best Time for Simple Staging of Homes

by Maureen Grainger

Fall may very well be the best time of year to stage your home for a sale. No one can resist the crispness of the air, the smell of cinnamon, the crackling fires, autumn jewel-toned colors, a cup of hot cocoa and the fact that it's not wet yet.

This notion of staging for Fall came to me while on a recent trip to San Diego where it is sunny, nearly 70 degrees year-round and the annual rain fall is approximately 10 inches. The space that was our dwelling place for about eight days was a great reminder as to how anyone should prepare their home for sale – simplify, brighten, whiten and ensure curb appeal.

The simplicity was very appealing; which gave me an opportunity to add to the décor with soaps, pineapples, plums and tomatoes. Tucked

away in a drawer – I found some woven trivets which I garnished with heads of garlic and used as a center piece for the dining table. I also found a nice glass pitcher which I used to make some watermelon aqua fresca. The color was lovely on the counter top. The beds were fitted with white – crisp, yet downy. The abundance of bath towels, fragranced with a hint of oatmeal soap, left a feeling of enchanted clean.

When the palate is simple and pristine – it gives the potential buyer an opportunity to envision how they can enhance the ambiance. Enrichment of colors from nature can be quite appealing.

Turning to why Harvest is the best time of year to stage--the same principles of simplify, whiten, brighten and curb-appeal apply – only the fruits and colors change. Search for an amazing Prin-

cess Pumpkin to use as a center-piece; spontaneously select an aubergine eggplant too. Purchase Granny Smith Apples for an open house – and then bake a pie later. Make a plum tart and leave it covered on the counter top. Burn a cedar candle for a while before an open house, but make sure to extinguish it before you leave. Have the soup on, strategically place some Fall flowers, set the dining table for a gathering and turn on the fire. Benefit all parties – your guests and you as you return home!

With these simple ideas, embrace the season, prepare for company and ready yourselves for a rewarding Fall sale.

For more ideas on layering an Autumn palate feel free to call Maureen Grainger, Real Estate Broker, Oregon Realty Co. Call 503-459-8624, or email mgrainger@att.net

Possible ID Theft continued from page 1

Mr. Baker, who has only been on the job two months, the city has a procedure for managing confidential files under section A029 of the City Code. "We live in an era of identity theft" Mr. Baker said, "and we at city hall have responsibility to protect sensitive information on residents." The information Mr. Baker is specifically concerned about includes social security numbers, drivers license numbers, and other data that could be of use to someone for unlawful purposes, like identity theft. He said that had the person taking the photos been someone unknown to city staff, it is likely that the police would have been called immediately. But because it was the mayor's wife, no such call was made.

Mr. Baker called the city attorney to discuss the matter. He then called Mayor Steve Spinnett to request that he or Ms. Spinnett bring her cell phone to city hall so that they could determine if sensitive information had been photographed. He pointed out that the city has a responsibility to ensure the confidentiality of enforcement documents, and that there would be potentially lengthy and expensive steps that may have to be taken if they could not be certain that no confidential information had been taken. Mr. Spinnett said he would check into it.

In a subsequent communication, Mayor Spinnett informed Mr. Baker that Ms. Spinnett had not taken any

photos, and that she would not bring her cell phone to city hall. Mr. Baker said that in that case he would have to report the matter to Damascus police, who would determine if an investigation were needed. Mr. Baker says he stressed that he was not attempting to cause any inconvenience, but that he had to follow the rules the city has for these types of incidents.

Mr. Spinnett sent out a mass email to his supporters that circulated through the community. He called the incident a "political smear" leveled at Ms. Spinnett. In the email, he claims "no one saw" Ms. Spinnett photographing the documents in question, and that in fact she did not take any pictures. He calls this the "sleaziest amateur political maneuver I have ever seen." He added that his wife, Cindy "has never committed a crime."

Mr. Spinnett shifted the blame for the incident on city hall staff who left sensitive documents in full view of the public. He specifically called out the city manager, saying, "Perhaps if city manager Greg Baker was managing instead of spending his time concocting a political smear campaign he would have a staff that knew how to handle sensitive information in a more professional manner."

The issue was taken up at a City Council work session on September 13, and a regular City Council meeting on September 17. Mr. Spinnett read his entire statement at

the meeting, including the charges against Mr. Baker, and followed this by putting on a pair of dark sunglasses, saying he would leave these on any time he was in city hall until this matter was settled. He left these dark glasses on for the remainder of the meeting. Other city councilors spoke in Mr. Baker's defense, saying he was only doing his job and protecting the city from potential liability.

A police report will be filed with the city on September 21, two days after the Times goes to press. Mr. Baker said that if the police determine that no potential identity theft or other crime occurred, the matter could be dropped and no further action taken. But if even the potential for identity theft exists, the city will be obliged to take actions to mitigate any possible damage. He says he doesn't understand why the Mayor and Ms. Spinnett have taken the position that they have, which is going to cost the city money. He has no political axe to grind with the mayor or his wife, and had they simply allowed the city to look at the pictures on the phone, if any, they could have put the matter to rest immediately and avoided the public spectacle.

The Times will follow up with an article in the October edition to inform the reader of the result of the investigation. Until then follow our Breaking News page on the web at thesunrisetimes.org.

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